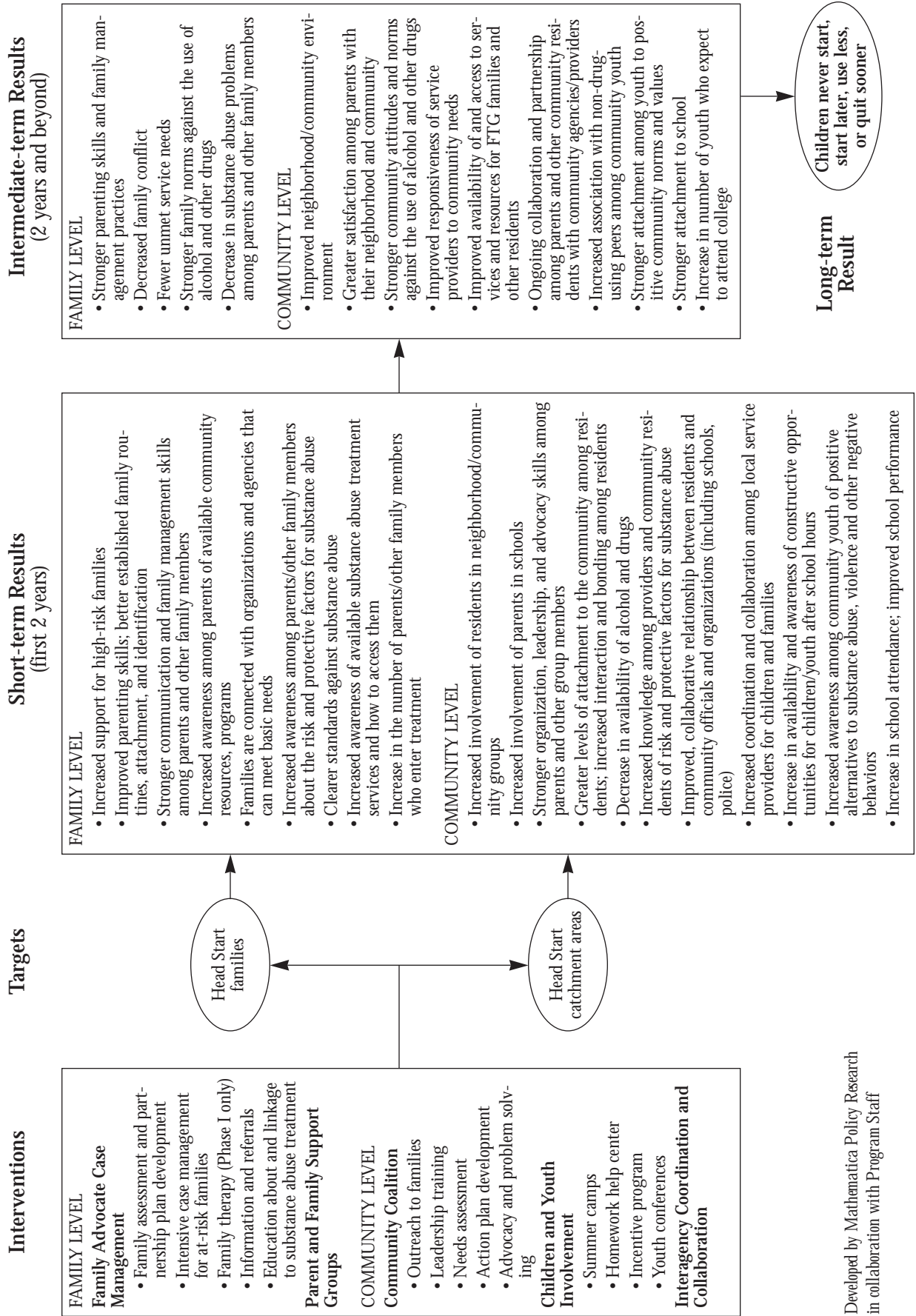


Logic Model for Kentucky's Free to Grow Project

GOAL: Prevent substance abuse problems by reducing risks and enhancing protective factors at the family and community levels.



Interventions

- FAMILY LEVEL**
Family Advocate Case Management
- Family assessment and partnership plan development
 - Intensive case management for at-risk families
 - Family therapy (Phase I only)
 - Information and referrals
 - Education about and linkage to substance abuse treatment
- Parent and Family Support Groups**
- COMMUNITY LEVEL**
Community Coalition
- Outreach to families
 - Leadership training
 - Needs assessment
 - Action plan development
 - Advocacy and problem solving
- Children and Youth Involvement**
- Summer camps
 - Homework help center
 - Incentive program
 - Youth conferences
- Interagency Coordination and Collaboration**

Targets

- Head Start families
- Head Start catchment areas

Short-term Results (first 2 years)

- FAMILY LEVEL**
- Increased support for high-risk families
 - Improved parenting skills; better established family routines, attachment, and identification
 - Stronger communication and family management skills among parents and other family members
 - Increased awareness among parents of available community resources, programs
 - Families are connected with organizations and agencies that can meet basic needs
 - Increased awareness among parents/other family members about the risk and protective factors for substance abuse
 - Clearer standards against substance abuse
 - Increased awareness of available substance abuse treatment services and how to access them
 - Increase in the number of parents/other family members who enter treatment
- COMMUNITY LEVEL**
- Increased involvement of residents in neighborhood/community groups
 - Increased involvement of parents in schools
 - Stronger organization, leadership, and advocacy skills among parents and other group members
 - Greater levels of attachment to the community among residents; increased interaction and bonding among residents
 - Decrease in availability of alcohol and drugs
 - Increased knowledge among providers and community residents of risk and protective factors for substance abuse
 - Improved, collaborative relationship between residents and community officials and organizations (including schools, police)
 - Increased coordination and collaboration among local service providers for children and families
 - Increase in availability and awareness of constructive opportunities for children/youth after school hours
 - Increased awareness among community youth of positive alternatives to substance abuse, violence and other negative behaviors
 - Increase in school attendance; improved school performance

Intermediate-term Results (2 years and beyond)

- FAMILY LEVEL**
- Stronger parenting skills and family management practices
 - Decreased family conflict
 - Fewer unmet service needs
 - Stronger family norms against the use of alcohol and other drugs
 - Decrease in substance abuse problems among parents and other family members
- COMMUNITY LEVEL**
- Improved neighborhood/community environment
 - Greater satisfaction among parents with their neighborhood and community
 - Stronger community attitudes and norms against the use of alcohol and other drugs
 - Improved responsiveness of service providers to community needs
 - Improved availability of and access to services and resources for FTG families and other residents
 - Ongoing collaboration and partnership among parents and other community residents with community agencies/providers
 - Increased association with non-drug-using peers among community youth
 - Stronger attachment among youth to positive community norms and values
 - Stronger attachment to school
 - Increase in number of youth who expect to attend college

Long-term Result

Children never start, start later, use less, or quit sooner