

**FAMILY ASSESSMENT TOOL  
GUIDE FOR CASE MANAGERS**

	<b>Worker/Client Balance of Effort</b>	<b>Language About Help</b>	<b>Existence of Obstacles or Barriers</b>	<b>Degree of Stability and Coping</b>	<b>Language about the Situation</b>
1. Crisis	95% Case Worker 5% Client	Don't know who to turn to	Overwhelming barrier; lacks resources and awareness	Situation is unstable - worker needs to stabilize; a need for immediate support; individual is immobilized	"End of the Road"; "just can't go on"; "just don't know"; "totally at a loss"; "hit bottom"; "no way out"; "last straw"
2. Serious Problem	80% Case Worker 20% Client	Need help	Severe barrier; limited awareness and limited resources	May have some awareness of severity, largely or chronically immobilized, needs support but may not access; periodic immobilization	"Pretty stuck"; "know what to do but can't"; "it's a problem"
3. Moderate Problem	50% Case Worker 50% Client	Need some help; some goal attainment	Moderate barrier; aware but limited to access to resources	Some coping strategies but may be inconsistent; situation is stable; a lot of good days; can build on some successes; has attained some of the basics	"Things seem to be improving"; some sharing of accomplishment; "we're hanging in there"
4. Slight Problem	20% Case Worker 80% Client	Now and then we need something; need a little information; just need to know someone is there if I need it	Slight barrier; barriers exist but are surmountable; aware and accesses resources but inconsistently or with support	Coping strategies, needs only a little support; usually with professional or agency intervention; communicates appropriately regarding needs; willingness to address needs and build on strengths	"Just a few problems"; "doing pretty good, OK most of the time"
5. No Problem	5% Case Worker 95% Client	We're doing okay; don't really need anything	No barriers; aware and access resources	Needs very little support; adequate resources; demonstrates growth and progress with some consistency	"Pretty good"; "good"
6. Thriving	1% Case Worker 99% Client	On track with goals; ready to meet and may welcome challenges	Pro-active and preventive in addressing needs; independently pursues and accesses resources/services	Knows support/how to get needs met; able to consistently fulfill obligations; steady progress; managed finances; copes with crisis as they occur	"Great"; "things really going well"; "do what we need when we need to"; no current problems that we can't handle